

3rd TERM PRACTICE SHEDULE



- Please see note that each week is slightly different due to fixtures on different days.
- Please stick to schedule – this is designed to allow juniors in particular to do both sports.
- This is also designed to allow throwers to throw safely on bottom fields. Please assist.
- 1st Squad may train at any time out of schedule at Jeppe Girls. All Teams to train twice a week with A teams optional 3rd training.
- Please note that on Tuesday and Thursday there will be THROWING events on the bottom fields – please stay clear until 16:00.
- Junior Pre-Season **may only** train in designated slots. Juniors to only start on from 27 August.
- Senior Pre-Season to use this table as guideline. In season sport to take preference

3RD TERM PRACTICE SCHEDULE

WEEK 2: Monday 20 August to Saturday 25 August

Soccer Fixture on Thursday vs Benoni; Athletics Triangular on Saturday

MON		14:45 – 16:15 Senior Soccer (U16 and Opens)	16:15 – 17:30 Junior Soccer (U14 and U15) Senior Pre- Season
	NO FIELD EVENTS ALLOWED OPTIONAL ATHLETICS (TRACK)		
TUES	NO JUNIOR SOCCER PRACTICE ON TUESDAY ALLOWED!	14:45 – 16:15 Athletics ALL NO SOCCER TUESDAYS EXCEPT	16:15 – 17:30 Senior Soccer
WED	13:45 – 15:00 Athletics ALL NO SOCCER ON BOTTOM FIELDS UNTIL 15:00	15:00 – 16:15 Senior Soccer	16:15 – 17:30 Junior Soccer Senior Pre Season
THURS		14:45 – 16:00 SOCCER FIXTURE vs BENONI Athletics (Track/Jumps only)	16:00 – 17:30 SOCCER FIXTURE vs BENONI
FRI	CULTURAL FRIDAYS NO ORGANISED PRACTICES ALLOWED		
SAT	ATHLETICS TRIANGULAR AT PARKTOWN		

3RD TERM PRACTICE SCHEDULE

WEEK 3: Monday 27 August to Saturday 1 September

Soccer Fixture on Wednesday vs Springs; Athletics Relays on Friday ; Soccer vs KES Saturday

MON		14:45 – 16:15 Senior Soccer (U16 and Opens)	16:15 – 17:30 Junior Soccer (U14 and U15) Senior Pre-Season
	NO FIELD EVENTS ALLOWED OPTIONAL ATHLETICS (TRACK)		
TUES	NO JUNIOR SOCCER PRACTICE ON TUESDAY ALLOWED! NO SOCCER ON BOTTOM UNTL 16:10	14:45 – 16:15 Athletics ALL (Senior Pre-Season (Athletics takes preference) NO SOCCER TUESDAYS EXCEPT 1 ST SQUAD AT JEPPE GIRLS	16:15 – 17:30 Junior Pre-Season
WED	13:45 – 14:30 Athletics TRACK	14:30 – 16:00 SOCCER vs SPRINGS	16:00 – 17:30 SOCCER vs SPRINGS
THURS	NO SOCCER ON BOTTOM FIELDS UNTIL 16:15	14:45 – 16:15 Athletics ALL	16:15 – 17:30 Senior Soccer/Junior A teams Junior Pre-Season (A team soccer takes preference)
FRI	CULTURAL FRIDAYS AND ATHLETICS RELAY MEETING		
SAT	SOCCER vs KES HOME AND AWAY	SOCCER VS KES HOME AND AWAY	

3RD TERM PRACTICE SCHEDULE

WEEK 4: Monday 3 September to Saturday 8 September

Soccer Fixture on Thursday vs St Johns; Athletics vs Park/St David's on Wednesday; Athletics Grand Prix Saturday

MON		14:45 – 16:15 Senior Soccer (U16 and Opens)	16:15 – 17:30 Junior Soccer (U14 and U15) Senior Pre- Season
	NO FIELD EVENTS ALLOWED OPTIONAL ATHLETICS (TRACK)		
TUES	NO JUNIOR SOCCER PRACTICE ON TUESDAY ALLOWED! NO SOCCER ON BOTTOM UNTL 16:10	14:45 – 16:15 Athletics ALL (Senior Pre-Season (Athletics takes preference) NO SOCCER TUESDAYS EXCEPT 1 ST SQUAD AT JEPPE GIRLS	16:15 – 17:30 Junior Pre-Season Senior Soccer
WED	13:45 – 14:45 NO SOCCER TRAINING	14:30 – 16:00 ATHLETICS AT HOME VS PARKTOWN AND ST DAVIDS	16:00 – 17:30 ATHLETICS VS PARK AND ST DAVIDS
THURS	NO THROWING ON BOTTOM FIELDS	14:45 – 16:15 Senior Soccer (U16 and Opens) Junior Pre-Season	16:15 – 17:30 Junior Soccer (U14 and U15) Senior Pre- Season
FRI	CULTURAL FRIDAYS AND ATHLETICS RELAY MEETING SOCCER vs ST JOHNS		
SAT	GRAND PRIX ATHLETICS AT KES	GRAND PRIX ATHLETICS AT KES	

3RD TERM PRACTICE SCHEDULE

WEEK 5: Monday 10 September to Saturday 15 September

Soccer Fixture on Monday vs St Albans; Soccer on Thursday vs St David's

Athletics: Inter High on Saturday at Pretoria Boys

MON	SOCCKER FIXTURE VS ST ALBANS	SOCCKER FIXTURE VS ST ALBANS	SOCCKER FIXTURE VS ST ALBANS
	NO FIELD EVENTS ALLOWED OPTIONAL ATHLETICS (TRACK)		
TUES	NO SOCCER PRACTICE ALLOWED	14:45 – 16:15 Athletics ALL (Senior Pre-Season (Athletics takes preference))	16:15 – 17:30 Junior Pre-Season
WED	13:45 – 15:00 Athletics TRACK and FIELD NO SOCCER ON BOTTOM FIELDS UNTIL 15:00	15:00 – 16:00 Senior Soccer Junior Pre-Season	16:00 – 17:30 Junior Soccer Senior Pre-Season
THURS	SOCCKER FIXTURE VS ST DAVID'S ATHLETICS TRACK (NO THROWING)	SOCCKER FIXTURE vs ST DAVID'S	SOCCKER FIXTURE vs ST DAVIDS
FRI	CULTURAL FRIDAYS NO ORGANISED SESSIONS		
SAT	INTER HIGH ATHLETICS AT PRETORIA BOYS	INTER HIGH ATHLETICS AT PRETORIA BOYS	

3RD TERM PRACTICE SCHEDULE

WEEK 6: Monday 17 September to Saturday 22 September

Soccer Fixture on Monday vs St Albans; Soccer on Thursday vs St David's

END OF ATHLETICS SEASON – SOCCER TO PROCEED

**SOCCER vs SAINT STHITHIANS (WEDNESDAY) , vs CBC (FRIDAY), U14 and U16 Tournaments
(SATURDAY)**

WEEK 7: Monday 24 September to Saturday 29 September.

Soccer vs St Benedict's (Wednesday)

Jeppe Community Cup (Thursday)

Grey College 1st Team Tournament (Friday-Sunday)